

Spiritual Companion Disclosure/Information Form

Spiritual Companion:

I view Spiritual Companionship as a way of helping us to experience our sacred spiritual journey. As we journey together the person seeking companionship will be encouraged and supported to experience a deeper connection and understanding of the Divine, God, Source Allah or life itself. Spiritual Companionship lays the ground work by deep listening, for what is being said as well as what is not being said. A spiritual companion creates a safe and sacred space for miracles to happen and for healing.

A typical spiritual companion session may include moments of silence, meditative inspirational reading, guided prayer, enneagram, emotional freedom techniques, care plan and/or conversation. I am willing to enter into the time however the person seeking companionship chooses as well as focus on any questions or issues for discernment they bring.

In the midst of constant activity and noise, spiritual companionship can provide space to tend to one's soul, to enter into the quiet and discover what is there, to breathe and rest in Spirit, to discern how you are being lead.

Training/Experience:

- PhD in Philosophy, Westbrook University
- Certificate in Spiritual Companionship, University of Wisconsin, Green Bay
- Unity Church Of Christianity Developed their first Prayer Chaplain Ministry, Reverend Lei Lanni Burt
- Certified Reiki Master, Usui Method of Natural Healing
- Accredited Emotional Freedom Technique Practitioner
- Spiritual Companion, in-person, via Skype and telephone
- Certified Mindfulness Meditation

Our Relationship:

You are meeting with me your Spiritual Companion because you want to examine your spiritual life. Although I believe it is appropriate at times to discuss psychological and relational difficulties in the context of spiritual companionship, my role as a Spiritual Companion is not as psychotherapist and although I no longer provide those services I can refer you if you feel the need for mental health services. Similarly you recognize that Spiritual Companionship is not financial advice and any decisions and actions you may take in that regard are done without my advice or recommendation, and are purely your responsibility.

Occasionally, I may assess (or we will mutually) discern that you may require mental health counseling rather than Companionship or I will suggest counseling in addition to spiritual companionship. Through your spiritual journey there may be things that will

emerge that are for your healing and need to be worked through with professional therapy.

Time of Sessions & Changes:

We will commit to begin and end our sessions on time. If you need to change or cancel your session please contact me at least 24 hours in advance. You will be charged for half of the session that is missed or cancelled without 24 hour notice (unless due to sickness or emergency). You may schedule an appointment online or by contacting me at (spiritualcompanioncoaching@gmail.com) or cell phone (321-288-0692).

Although we will normally meet once a month, you may need to meet more frequently or desire a longer session periodically. This is fine as long as we schedule it in advance. If you would like to share a success or problem with me in between sessions, you may email or call me. I do not bill for additional time of this type but I do ask that extra phone calls are kept to a few minutes.

Fees:

Unless you have made other arrangements, the fee for our time together is \$70.00 for 1-hour. Payments are due at each session. ZELLE: loridey@aol.com or checks payable to: Lorraine Edey

Privacy:

You have a right to expect confidentiality of the information we share with each other. I commit to holding our conversations in the strictest confidence

As part of my professional practice, I may consult my supervisor Rev. Tom Miller-Price, regarding our work together. This is intended solely to provide additional perspective when necessary in order for me to be fully present, listen and guide you in your journey. Identity will always be held in confidence.

If dialogue in a session is referenced in printed or website materials, your identity will always be held in confidence.

Please see this link below "Guidelines for Ethical Conduct" developed by Spiritual Direction and Spiritual Companion International for Spiritual Companions and Spiritual Directors.

https://www.sdicompanions.org/docs/guidelines/Flip/guidelines_ethical_conduct.html

Duty to Warn and Protect

When a person receiving Companion Coaching discloses intentions or a plan to harm another person or persons, I am required by law required to warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, I am required by law to notify legal authorities and make reasonable attempts to notify the family of the client.

Abuse

If a receiving Spiritual Companion Coaching states or suggests that he or she is abusing a child or vulnerable adult, or has recently abused a child or vulnerable adult, or a child (or vulnerable adult) is in danger of abuse, the health care professional is required to report this information to the appropriate social service and/or legal authorities. If a you are the victim of abuse, neglect, violence, or a crime victim, and you safety appears to be at risk, we may share this information with law enforcement officials and you will be referred for mental health service for assistance.

Termination:

The format of Spiritual Companionship may not be for everyone. You may discontinue our sessions at any time. Please give advance notice if you intend to discontinue our time together.

I have read the disclosure statement and agree to its terms.

- Signature*